

## Finding Study Material

ROCK contains over 500 chapters of content spanning 11 subspecialties, all curated by experienced orthopaedic surgeons.

Here are 6 options for finding study material on ROCK.

**Option 1:** Use the **search bar** to enter a keyword for a specific topic, then select the smaller search icon to view the search results and select a chapter to view as preferred.

The screenshot shows the AAOS ROCK website search interface. The top navigation bar includes the AAOS logo, 'RESIDENT ORTHOPAEDIC CORE KNOWLEDGE', and menu items: 'STUDY SCHEDULE', 'ADDITIONAL ASSIGNMENTS', 'RESSTUDY', 'STUDY MATERIAL', and 'ABOUT ROCK'. A search bar is located in the top right corner, with a magnifying glass icon. Below the search bar, a dropdown menu displays search results for 'midfoot', including 'Arthritides of the Midfoot', 'Midfoot Diabetes: Ulceration and Infection', and 'Midfoot Fractures: Tarsometatarsal (Lisfranc) Fracture-Dislocations'. The search results page shows 'midfoot' in a large yellow box, with filters for 'ALL', 'CHAPTER 58', and 'VIDEO 2'. The results are sorted by 'Relevance' and 'Last Updated'. The first result is 'Arthritides of the Midfoot', with a snippet: '.... Weight-bearing radiographs of the foot demonstrate a nonlinear talus-first metatarsal relationship, with the apex of the deformity at the midfoot and loss of medial cuneiform height (Figure 3). Figure 3 Radiographs of the...'. A second result is 'Foot and Ankle | Midfoot'.

**Option 2:** From the main navigation menu, select Study Material, then **Table of Contents**. This reveals a view of the content per subspecialty in the order expert editors suggest is best for studying.

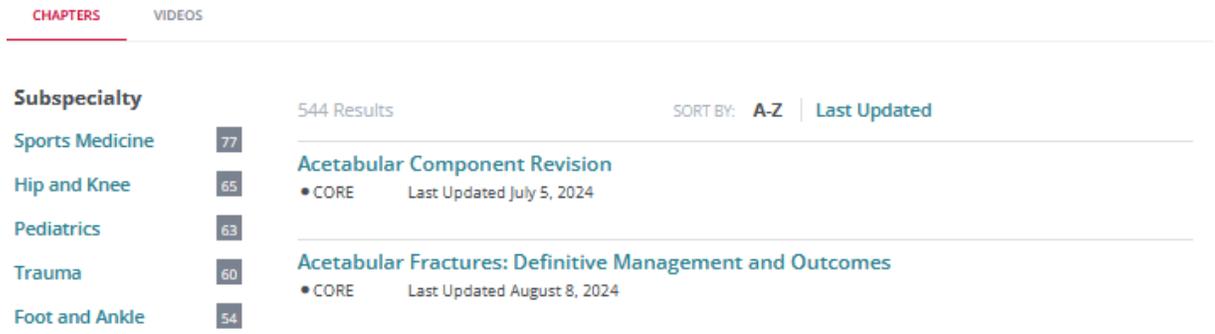


**Option 3:** From the main navigation menu, select **Study Material**, then **Chapters**. Review the chapters either by browsing the alphabetical list, filtering by Subspecialty on the left sidebar, or more.

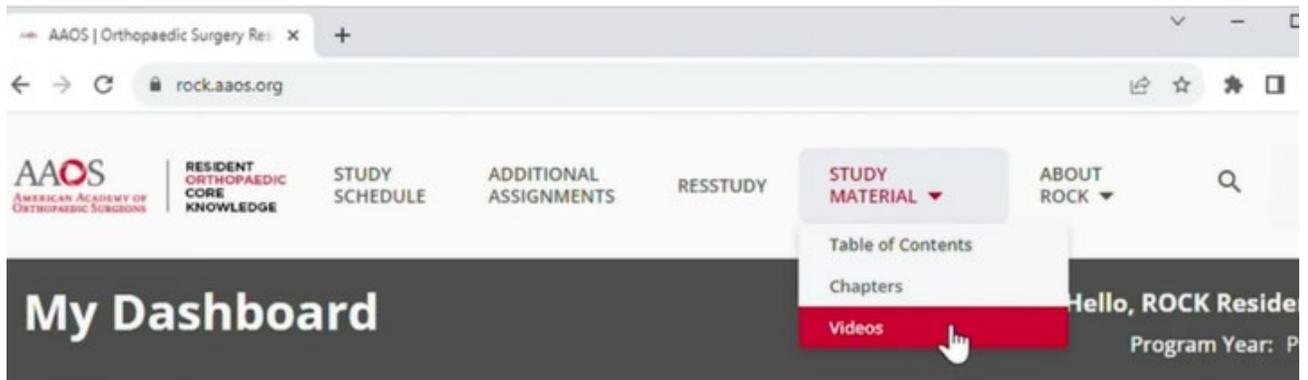


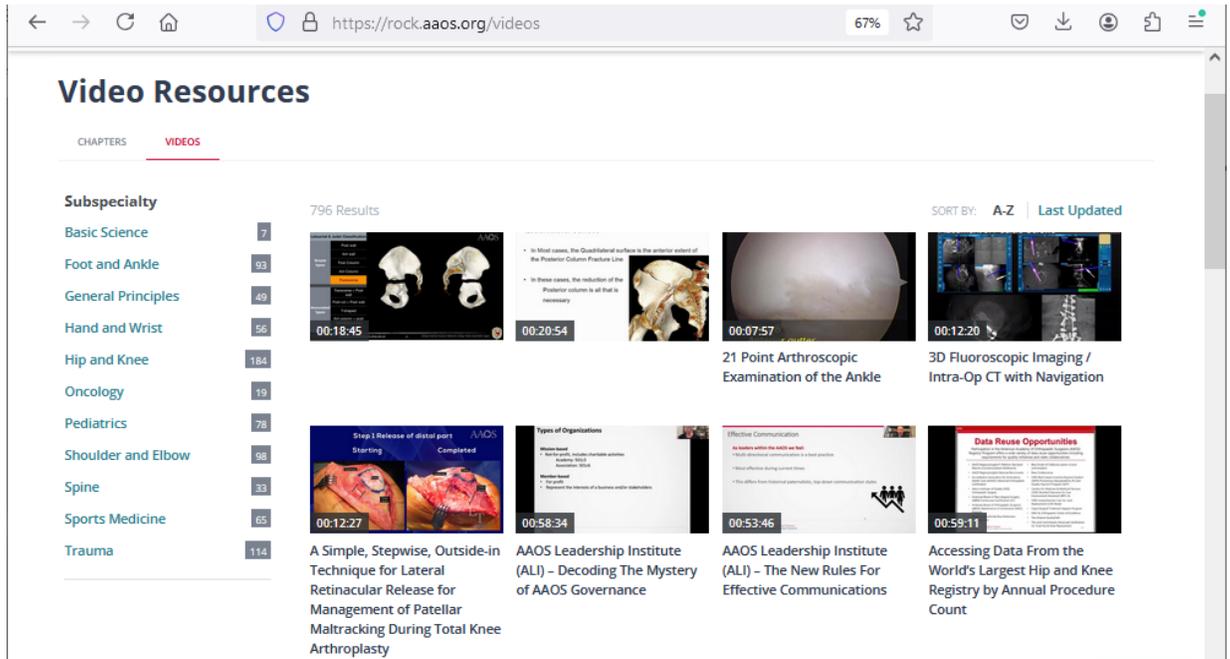


## Chapter Resources

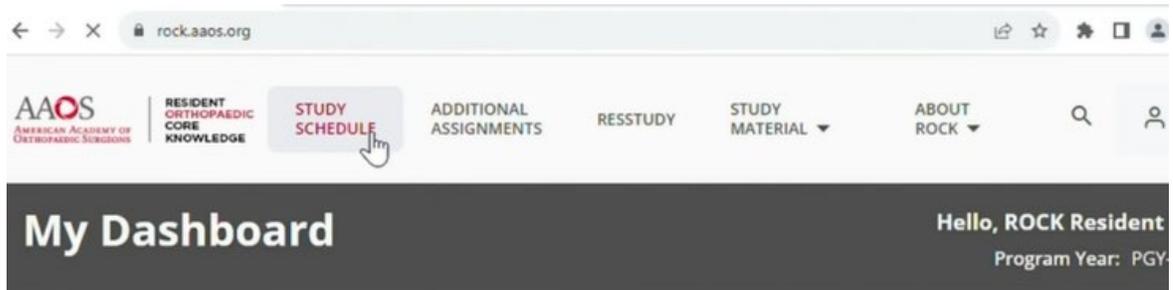


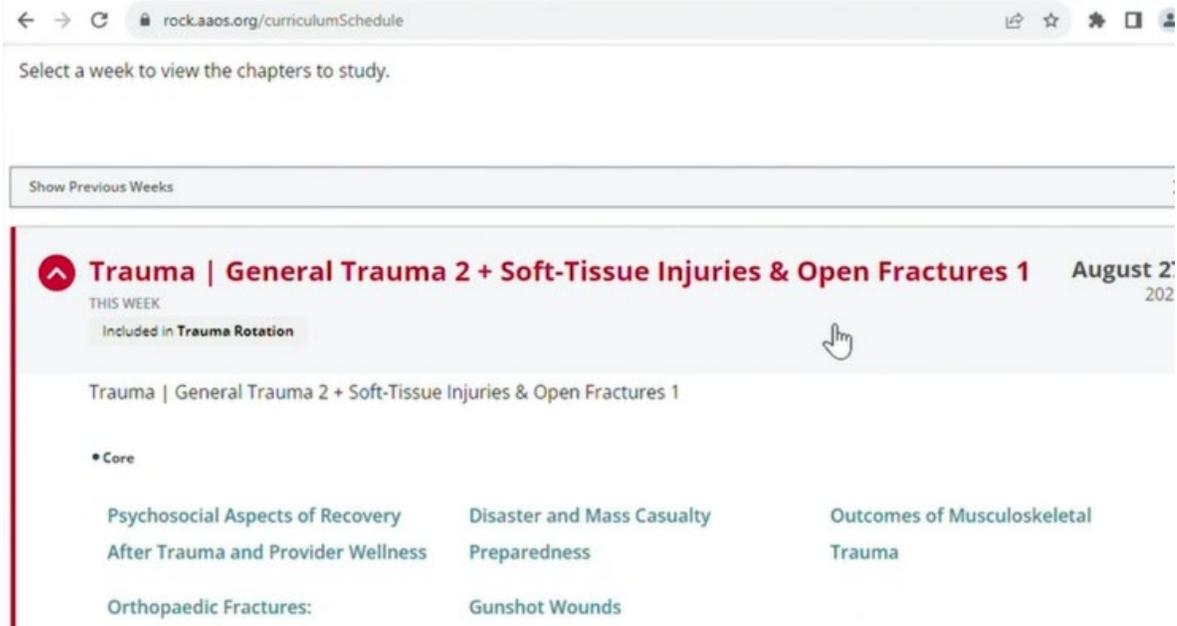
**Option 4:** From the main navigation menu, select **Study Material, then Videos**. This reveals a gallery of videos that may be browsed, were filtered, then browsed again. Use the Subspecialty titles on the left sidebar as the filters.



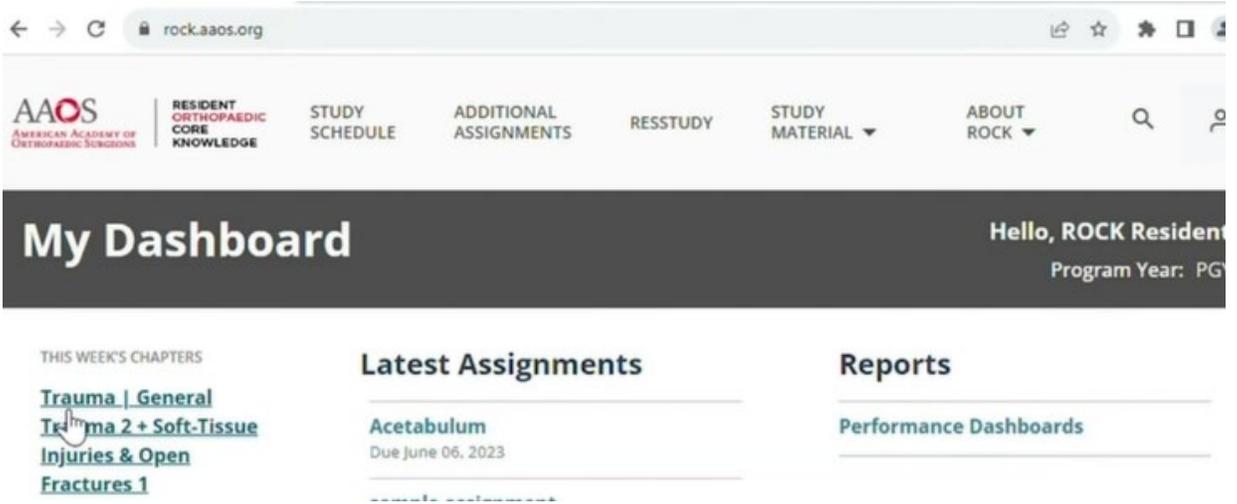


**Option 5:** If you're a subscribing resident with an assigned study schedule upon sign in, select from the main navigation menu **Study Schedule**, and you'll see your weekly assignment, including its chapters of specific content.

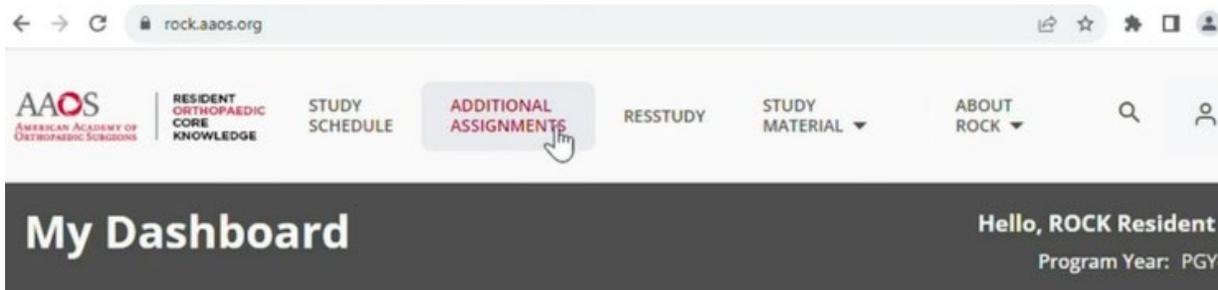




Or if you're a subscribing resident with an assigned study schedule, check on your dashboard the **This Week's Chapters** section for the topics you'll be covering this week as part of your weekly assignment.



**Option 6:** If you're a subscribing resident from the main navigation menu, select Additional Assignments. This enables the viewing of any personal assignments for you from your program director or program coordinator. Each might include specific topics.



The screenshot shows a web browser window with the URL `rock.aaos.org/assignments`. The page header includes the AAOS logo and the text "ACELABORIUM" with a "COMPLETED" status indicator. Below this, the assignment details are: "DUE ON: 6/6/2023 ASSIGNED ON: 5/30/2023 ASSIGNED BY: D Rothberg". The main content area features a "sample assignment" section with a "NOT STARTED" button. The assignment details are: "DUE ON: 3/3/2023 ASSIGNED ON: 2/15/2023 ASSIGNED BY: R Program Director". Under the heading "Chapters", there are three items, each with an unchecked checkbox: "Acute Lateral Ankle Instability", "Adult Thoracolumbar Spine Deformity: Sagittal Imbalance", and "Anatomy and Biomechanics of the Knee". A mouse cursor is positioned over the "Anatomy and Biomechanics of the Knee" item.

Once specific content is located, engage with its multimedia resources and built in assessments.