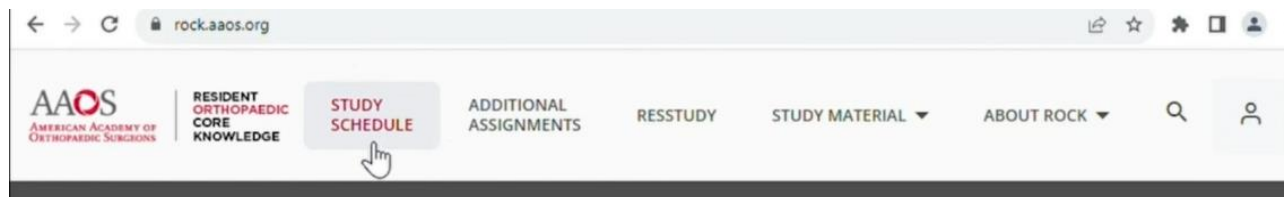
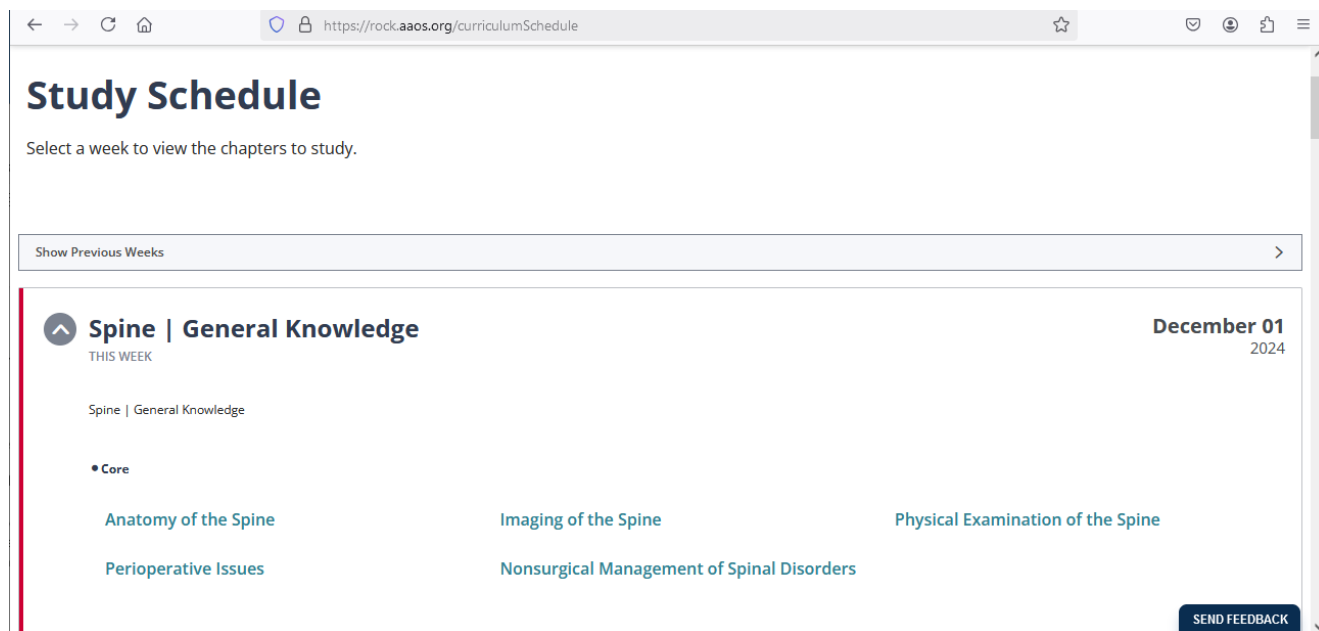


Using Study Schedules

Study Schedules are a tool for engaging with the content in a routine, trackable way to ensure comprehensive study progress throughout residency.



Throughout residency and in preparation for the Orthopaedic In-Training Exam (or OITE) and ultimately the ABOS Part 1 exam, a Study Schedule consists of Weekly Assignments containing a selection of chapters for residents to study, including built-in pre and posttests within the chapters.



Subscribed Residents assigned a Study Schedule can also view their Study Schedule Weekly Assignments in the sidebar of their main ROCK dashboard.

← → ↺ 🏠 <https://rock.aaos.org> ★ 📁 🗑️ 📄

AAOS AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS | **RESIDENT ORTHOPAEDIC CORE KNOWLEDGE** | [STUDY SCHEDULE](#) | [ADDITIONAL ASSIGNMENTS](#) | [RESSTUDY](#) | [STUDY MATERIAL ▼](#) | [ABOUT ROCK ▼](#) | 🔍 👤

My Dashboard

Hello, ROCK Resident
Program Year: PGY-

THIS WEEK'S CHAPTERS

[Spine | General Knowledge](#)

Additional Assignments

[Foot and Ankle test](#)
Due December 11, 2024

[Acetabulum](#)
Due June 06, 2023

[VIEW ALL ADDITIONAL ASSIGNMENTS](#)

Reports

[Performance Dashboards](#)

Study Material

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[Videos](#)

[SEND FEEDBACK](#)

Every Study Schedule is part of a Study Cycle. Study Cycles are two-year periods in which the entirety of the rock content can be covered. (That's over 500 chapters!) For every Study Cycle, there's a default Study Schedule created by the AAOS ROCK team. Program Directors and Coordinators can view these Study Cycles and control how many Study Schedules are in each.

← → ↺ 🏠 <https://rock.aaos.org/curriculumSchedule> 🔍 🗑️ 📁 🗑️ 📄

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Study Schedule

For: [2024 - 2026 ▼](#) [Default 2024 - 2026 Schedule ▼](#)

[EDIT SCHEDULE](#)

This Study Schedule follows the expert editorial teams recommended sequence of the content viewable in the [Table of Contents](#) and covers all of the ROCK chapters in a two-year or 104-week timeframe,

including eight periodic study breaks or weeks in which no content is assigned.

Jump To	
Weeks 1-10	
Weeks 11-20	
Weeks 21-30	
Weeks 31-40	
Weeks 41-50	
Weeks 51-60	
Weeks 61-70	
Weeks 71-80	
Weeks 81-90	
Weeks 91-100	
Weeks 101-104	

Week 1 (Jun, 30, 2024)	Hip & Knee Basic Science 1	
Week 2 (Jul, 07, 2024)	Hip & Knee Basic Science 2	
Week 3 (Jul, 14, 2024)	Hip & Knee Basic Science 3 + Hip 1	
Week 4 (Jul, 21, 2024)	Hip & Knee Hip 2	
Week 5 (Jul, 28, 2024)	Hip & Knee Hip 3	
Week 6 (Aug, 04, 2024)	Hip & Knee Hip 4 + Revision THA 1	
Week 7 (Aug, 11, 2024)	Hip & Knee Revision THA 2 + Complications After THA 1	

Once assigned to residents by Program Directors or Coordinators, default Study Schedules automatically assign 5 to 8 chapters per week to the residents. Here is the resident view of the Study Schedule:

Study Schedule

Select a week to view the chapters to study.

Show Previous Weeks

- Spine | General Knowledge** THIS WEEK December 01 2024
- Spine | Degenerative Cervical Spine Disorders + Degenerative Thoracic & Lumbar Spine Disorders 1** December 08 2024
- Spine | Degenerative Thoracic & Lumbar Spine Disorders 2** December 15 2024
- Study Break** December 22 2024
- Spine | Spinal Deformity + Spinal Tumors** December 29 2024

SEND FEEDBACK

Study Schedules may also be customized. Customizing may include [modifying the number and specific chapters per Weekly Assignment](#), [resequencing](#) the Weekly Assignments to schedule content at specific times, [removing](#) specific content or Weekly Assignments entirely, [cloning](#) to create separate Study Schedules per PGY or other cohort, and more.

Remember, a [Study Schedule must be assigned](#) by Program Directors or Coordinators and of the current year for residents to see it and to receive its Weekly Assignments.

As the resident moves through the schedule, the Program Director and Program Coordinator can review progress data – such as Study Time and Sessions, chapter completion progress, and pre/posttest performance, and more using the [Performance Dashboards](#).