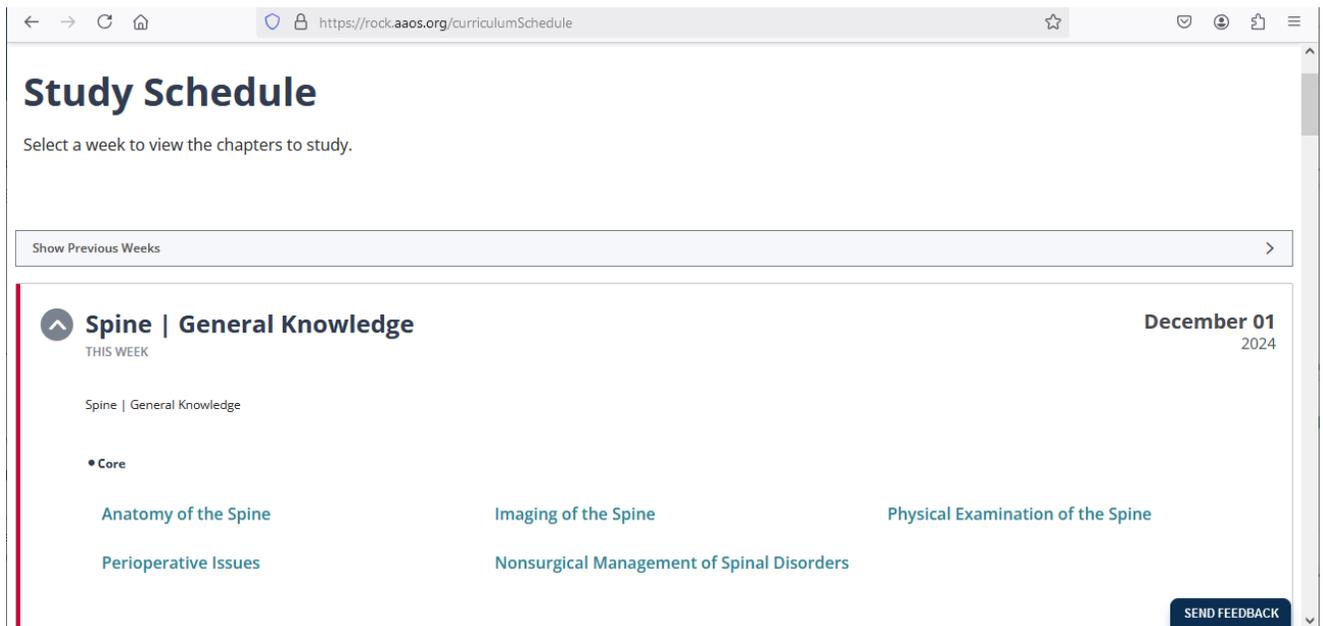


Using Study Schedules

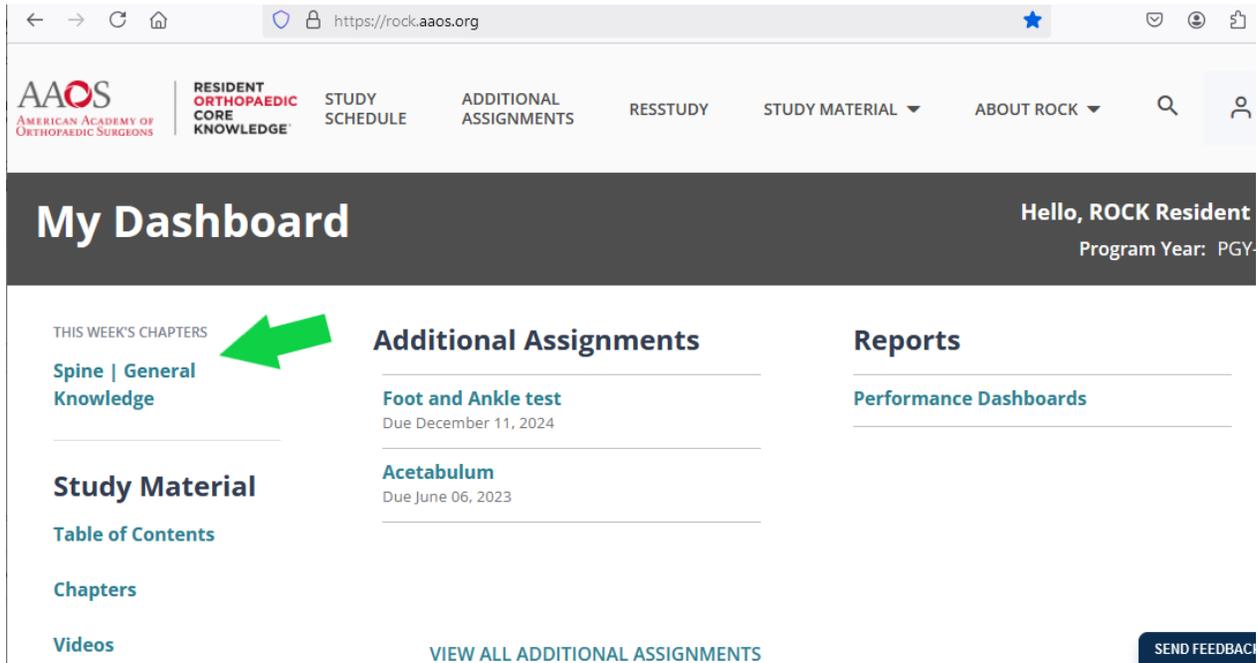
Study Schedules are a tool for engaging with the content in a routine, trackable way to ensure comprehensive study progress throughout residency.



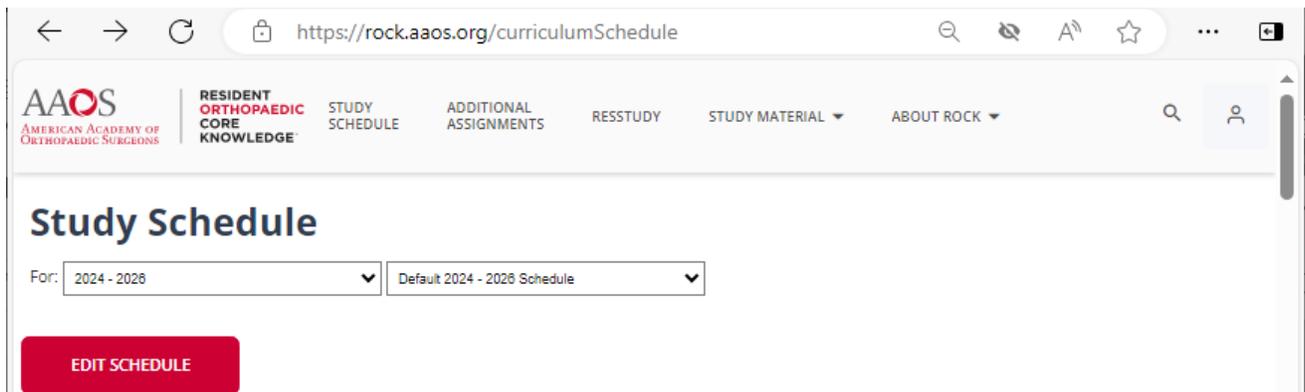
Throughout residency and in preparation for the Orthopaedic In-Training Exam (or OITE) and ultimately the ABOS Part 1 exam, a Study Schedule consists of Weekly Assignments containing a selection of chapters for residents to study, including built-in pre and posttests within the chapters.



Subscribed Residents assigned a Study Schedule can also view their Study Schedule Weekly Assignments in the sidebar of their main ROCK dashboard.



Every Study Schedule is part of a Study Cycle. Study Cycles are two-year periods in which the entirety of the rock content can be covered. (That's over 500 chapters!) For every Study Cycle, there's a default Study Schedule created by the AAOS ROCK team. Program Directors and Coordinators can view these Study Cycles and control how many Study Schedules are in each.



This Study Schedule follows the expert editorial teams recommended sequence of the content viewable in the [Table of Contents](#) and covers all of the ROCK chapters in a two-year or 104-week timeframe,

including eight periodic study breaks or weeks in which no content is assigned.

Jump To	
Weeks 1-10	Week 1 (Jun, 30, 2024) Hip & Knee Basic Science 1
Weeks 11-20	Week 2 (Jul, 07, 2024) Hip & Knee Basic Science 2
Weeks 21-30	Week 3 (Jul, 14, 2024) Hip & Knee Basic Science 3 + Hip 1
Weeks 31-40	Week 4 (Jul, 21, 2024) Hip & Knee Hip 2
Weeks 41-50	Week 5 (Jul, 28, 2024) Hip & Knee Hip 3
Weeks 51-60	Week 6 (Aug, 04, 2024) Hip & Knee Hip 4 + Revision THA 1
Weeks 61-70	Week 7 (Aug, 11, 2024) Hip & Knee Revision THA 2 + Complications After THA 1
Weeks 71-80	
Weeks 81-90	
Weeks 91-100	
Weeks 101-104	

Once assigned to residents by Program Directors or Coordinators, default Study Schedules automatically assign 5 to 8 chapters per week to the residents. Here is the resident view of the Study Schedule:

The screenshot displays the 'Study Schedule' page on the AAOS website. The page title is 'Study Schedule' and it includes a sub-header 'Select a week to view the chapters to study.' Below this, there is a 'Show Previous Weeks' button. The main content area lists several weekly assignments for the 'Spine | General Knowledge' track:

- Spine | General Knowledge** (THIS WEEK) - December 01, 2024
- Spine | Degenerative Cervical Spine Disorders + Degenerative Thoracic & Lumbar Spine Disorders 1** - December 08, 2024
- Spine | Degenerative Thoracic & Lumbar Spine Disorders 2** - December 15, 2024
- Study Break** - December 22, 2024
- Spine | Spinal Deformity + Spinal Tumors** - December 29, 2024

A 'SEND FEEDBACK' button is visible at the bottom right of the page.

Study Schedules may also be customized. Customizing may include [modifying the number and specific chapters per Weekly Assignment](#), [resequencing](#) the Weekly Assignments to schedule content at specific times, [removing](#) specific content or Weekly Assignments entirely, [cloning](#) to create separate Study Schedules per PGY or other cohort, and more.

Remember, a [Study Schedule must be assigned](#) by Program Directors or Coordinators and of the current year for residents to see it and to receive its Weekly Assignments.

As the resident moves through the schedule, the Program Director and Program Coordinator can review progress data – such as Study Time and Sessions, chapter completion progress, and pre/posttest performance, and more using the [Performance Dashboards](#).